

For Immediate Release

Page 1 of 2

May 12, 2009

Heritage College Students receive Lieutenant Governor's Medals



Pictured above (from left to right) are: Heritage College Director General Louise Brunet, Madame Duchesne, Mélissa Dick, Allison McGlashan, Lieutenant Governor Pierre Duchesne, and Heritage Director of Student Services and Program Development, Rita Arena.

Heritage College is proud to announce that second-year Science student, Allison McGlashan, and second-year Liberal Arts student, Mélissa Dick, both received bronze medals from Quebec Lieutenant Governor, the Honourable Pierre Duchesne, at a recent ceremony in Gatineau. Both Allison and Mélissa are on the Dean's Honour Roll at Heritage with averages of over 90 percent.

Allison McGlashan is President of the Heritage Student Association and a member of the College Board of Governors. As Student Association President, she spearheads the organization of activities for the Heritage student population such as: after-hours coffee houses, free good health breakfasts, welcome back events, and pub nights. Allison is also a member of the Board of the Heritage Endowment Fund, a charitable foundation created to raise and manage sums of money to be awarded annually to graduating Heritage College students. She is described as a mature, well-organized individual who is kind, generous and helpful. In addition to being an honour student, Allison is very involved in sports as an important member of both the Heritage Women's AA Intercollegiate Soccer and Basketball teams. In fact, she helped to bring her team to the provincial championships last fall and was selected as a member of the Women's Soccer All-Star Team. Allison is also a member of the Outaouais Regional Rugby Association team and was asked to participate on the *Équipe du Québec*. Allison is definitely a motivated and involved member of her college and her community.

Mélissa Dick is President of the “Students Questing for Unity Awareness and Diversity” (SQUAD) at Heritage. She is described as being a very social, engaging person who is conscientious and compassionate. As SQUAD President, Mélissa works with the other team members to raise awareness and activism within the student population at the College about important environmental, humanitarian, social and political issues. As a result of her involvement, this group has become a chapter of the Council of Canadians. Working with the Council, Mélissa organizes meetings, coordinates the planning and execution of SQUAD projects and, with the other members of this group, uses campaigns, planned information sessions, and structured events to give Heritage students opportunities to get involved in issues that might otherwise go unacknowledged. Together, they have raised money for causes such as: World Orphan Week, Suicide Prevention Week, Sex Week and Wellness Forum. Mélissa firmly believes in making the world a better place.

The Lieutenant Governor’s Bronze Youth Medals are awarded each year to cégep students who “have demonstrated self-sacrifice and the ability to surpass themselves through tangible commitment within their school or community.” These young women have certainly done that. Congratulations to both of them!

- 30 -

Issued by:

Linda McGuirl, Communications Officer and Secretary to the Board, ext. 1071